Digestive Supplement



Do You Experience Any of These

- Flatulence (gas)
- Bloated Stomach
- Stomach Cramp
- Diarrhea
- Nausea

15 to 60 minutes after a meal or snack?



Ever experienced the unpleasant symptoms associated with lactose intolerance such as bloating, flatulence (gas), nausea, cramping and diarrhea 15 minutes to an hour after a meal or snack?

DairyCare is the only product that offers the ideal solution to lactose intolerance by preventing the symptoms before they even begin.

It is the only patented natural digestive supplement that helps your body to produce the lactase enzymes that you need for 24hrs protection with a single dose of one to two capsules per day. Now you can enjoy the goodness of dairy anytime and anywhere without having to worry about unpleasant symptoms!

What is Lactose Intolerance?

It is a dietary condition that arises when the body does not make enough lactase enzymes, normally produced in the small intestine to digest food containing a common sugar, lactose.

This sugar is found in almost all foods such as milk, dairy products, egg, veal, cereals, potatoes, salad dressings, biscuits, candies and many more. It is also found in 20% of prescription drugs (antibiotics & oral contraceptives) and 6% of over the counter medicines.

More on Lactose Intolerance . . .

- It can be genetic or acquired, more commonly as you get older.
- It can also develop from gastrointestinal disorders.
- It is estimated that 70% of the world's population is Lactose Intolerant, especially Asians and ethnic groups due to their traditional low dairy diet. In fact, many are unaware that they are suffering from a dietary condition.

How Dairy Care Works?

DairyCare effectively delivers "active" Lactobacillus Acidophilus cultures to the small intestine, thereby naturally producing the lactase enzyme required for lactose digestion. DairyCare's special patented enteric coated capsules, which is unique compared to other cultured products, ensure safe delivery of these cultures without them being eliminated by the stomach's acid.

In addition, the lactase enzymes in DairyCare ensure fast and efficient action, which is why DairyCare works as soon as the first dose of two capsules is taken.

Want to Know More?

For further information on DairyCare, Lactose Intolerance and Dairy, please visit www.carefordairy.com.sg or call 6284 8889 or 6281 8229

Why use Dairy Care?

- Only a single dose daily gives 24hrs protection
- / It's fast and efficient
- Works after the first single dosage of two capsules
- Easy to swallow
- 100% natural with no side effects
- Can be taken by anyone who can swallow capsules (even children)
- Lets you enjoy the goodness of dairy

Other Benefits of Dairy Care

- Helps with general digestion
- Replaces natural bacterial floras
- Improves mineral absorption
- / Improves regular bowel movements







Importance of Dairy

Dairy foods have been recognized as one of the five major food groups by medical and health associations and institutions all over the world.

Two to four servings of dairy per day are highly recommended for a healthy nutritional diet.

Why Take Dairy?

- No. 1 natural source of calcium, essential for bone building and prevention of osteoporosis (a common problem caused by bone degeneration due to insufficient calcium)
- Contains important nutrients such as protein, vitamin A, D, B6, B12, riboflavin, potassium, zinc and carbohydrate among others
- Helps control body weight and fat



Active Lactobacillus Acidophilus Cultures & Lactase Enzyme • Assist in the digestion of lactose • Enteric Coated Capsules for enhanced delivery USA Patent No.6.006.027



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Dairy are 消化补剂



您在进食或吃点心15 至60分钟后,可曾出现 以下症状?

- ▶胃胀
- **》腹痛**
- / 腹泻
- **夕反胃作呕**

DairyCare 消化补 剂简述···



症状?

DairyCare 是唯一在乳糖过敏 症发作以前,提供有效预防方 案的产品。它是唯一获得专利 权的天然消化补剂,只需服食 1 或 2 颗药片,便能帮助人 体产生24小时所需的分解乳糖 酶素。现在您能在任何地方、 任何时间享受有益处的奶制品 而不必为讨厌的不适烦恼了。

腹泻等和乳糖三敏相关的不适

什么是乳糖过敏症?

当人体(小肠内)无法制造足够的分解乳糖酶素来消化食物中包含的乳糖成份,就会导致乳糖过敏症。

几乎所有的食物如牛奶、乳制品、蛋、小牛肉、谷类食物、马铃薯、沙律酱、饼干、糖果等等都含有乳糖。在 20% 的处方用药(例如抗菌素和口服的避孕剂)和 6% 直接售卖给顾客的成药中,也包含乳糖。

更多有关乳糖过敏症的详情

- 乳糖过敏症可能是先天或由后天因素诱发,年龄越大,乳糖过敏症的发作可能性越高。
- 夕 它也可能是由肠胃不适所引发的。
- 据估计,世界上有70%的人口患有乳糖过敏症。尤其是传统上摄取较少乳制食品的亚洲人和亚裔族群。实际上,许多人并没有察觉到他们有这种饮食过敏的问题。

Dairy(are 如何发挥作用?

DairyCare 将"活性"乳酸菌有效地输送到小肠,自然地制造消化乳糖所需的乳糖酶素。DairyCare 拥有专利权的特制肠溶性胶囊片与一般乳酸菌培植产品不同,它能确保菌种不被胃酸消除。

此外,DairyCare 的分解乳糖酶素能在第一次服食 2 颗后即刻见效。

想知道更多吗?

请上网 www.carefordairy.com.sg 查询或拨电 6284 8889, 6281 8229 了解更多有关DairyCare, 乳糖过敏或乳制品的资讯

为何要服食 Dairy(are!

- 夕 每日只需一剂,就能获得24小时的保障
- 》 快速有效
- 》第一次服食2颗后即刻见效
- 》 容易吞食
- **>** 天然及无副作用
- **任何会吞药囊的人**(包括小孩在内) 都可服食
- 让你享受乳制品的益处

Dairy(are 的其他好处

- 帮助消化
- 可取代天然的菌群
- → 增进矿物质吸收
- 》 增进自然的肠胃蠕动







乳制品的重要性

乳制品被世界各地的医药与保健 协会和机构,公认为五个主要食 物群之一。

专家建议每天食用2到4量份含有 乳制品的食物是保健营养的日常 饮食习惯。

为何要食用乳制品?

- 排名第一的天然钙质来源,是强化骨骼、防止骨质疏松症(由于缺乏钙质而导致骨头退化的普遍问题)所不可或缺的。
- 包含如蛋白质,维生素 A、 D、 B6、B12、核黄素、钾、锌和糖酶等重要的营养素。
- 协助控制体重和脂肪。



乳酸菌种与乳糖分解酵素 消化乳糖 片裏肠溶薄膜外层提高吸收度 United Italian Trading Corporation (Pte.) Ltd. 65 Upper Paya Lebar Road #03-01 / #06-02/03 Guang Ming Industrial Building Singapore 534817 Tel: 6281 8229 Fax: 6287 1093 URL: www.uitc.com.sg

